

COEFFICIENTS DE COMPENSATION EN FONCTION DE L'AGE

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Exemple : un homme de 56ans réalise un temps de 1h35 sur semi marathon

Son temps compensé dit en EQUIVALENCE SENIORS sera de : $1h35 \times 0,8609 = 1h21'46''$

HOMMES

'dist	10	15	20	21	42	100
M15=	9570,9557,0000,0000,0000,0000					
M16=	9685,9671,0000,0000,0000,0000					
M17=	9780,9767,0000,0000,0000,0000					
M18=	9858,9845,9834,9832,9810,0000					
M19=	9921,9908,9900,9899,9894,0000					
M20=	0000,0000,0000,0000,0000,0000					
M21=	0000,0000,0000,0000,0000,0000					
M22=	0000,0000,0000,0000,0000,0000					
M23=	0000,0000,0000,0000,0000,0000					
M24=	0000,0000,0000,0000,0000,0000					
M25=	0000,0000,0000,0000,0000,0000					
M26=	0000,0000,0000,0000,0000,0000					
M27=	0000,0000,0000,0000,0000,0000					
M28=	0000,0000,0000,0000,0000,0000					
M29=	0000,0000,0000,0000,0000,0000					
M30=	0000,0000,0000,0000,0000,0000					
M31=	0000,0000,0000,0000,0000,0000					
M32=	0000,0000,0000,0000,0000,0000					
M33=	0000,0000,0000,0000,0000,0000					
M34=	0000,0000,0000,0000,0000,0000					
M35=	0000,0000,0000,0000,0000,0000					
M36=	9953,9989,0000,0000,0000,0000					
M37=	9884,9921,9951,9957,0000,0000					
M38=	9816,9852,9882,9888,9973,0000					
M39=	9747,9784,9814,9820,9904,0000					
M40=	9679,9715,9745,9751,9835,9991					
M41=	9610,9616,9676,9682,9765,9921					
M42=	9541,9576,9606,9612,9695,9851					
M43=	9471,9507,9537,9543,9626,9780					
M44=	9402,9437,9467,9473,9556,9710					
M45=	9333,9368,9398,9404,9486,9640					
M46=	9262,9297,9327,9333,9415,9568					

FEMMES

'dist	10	15	20	21	42	100
F15=	9591,9543,0000,0000,0000,0000					
F16=	9711,9671,0000,0000,0000,0000					
F17=	9805,9774,0000,0000,0000,0000					
F18=	9879,9854,9835,9831,9794,0000					
F19=	9935,9916,9902,9899,9870,0000					
F20=	0000,0000,0000,0000,0000,0000					
F21=	0000,0000,0000,0000,0000,0000					
F22=	0000,0000,0000,0000,0000,0000					
F23=	0000,0000,0000,0000,0000,0000					
F24=	0000,0000,0000,0000,0000,0000					
F25=	0000,0000,0000,0000,0000,0000					
F26=	0000,0000,0000,0000,0000,0000					
F27=	0000,0000,0000,0000,0000,0000					
F28=	0000,0000,0000,0000,0000,0000					
F29=	0000,0000,0000,0000,0000,0000					
F30=	0000,0000,0000,0000,0000,0000					
F31=	0000,0000,0000,0000,0000,0000					
F32=	0000,0000,0000,0000,0000,0000					
F33=	0000,0000,0000,0000,0000,0000					
F34=	0000,0000,0000,0000,0000,0000					
F35=	9974,0000,0000,0000,0000,0000					
F36=	9896,9934,9963,9969,0000,0000					
F37=	9818,9856,9885,9891,9979,0000					
F38=	9741,9779,9807,9813,9901,0000					
F39=	9663,9701,9729,9735,9823,9983					
F40=	9585,9623,9651,9657,9745,9905					
F41=	9506,9544,9572,9578,9666,9826					
F42=	9428,9466,9493,9499,9587,9747					
F43=	9349,9387,9415,9421,9509,9669					
F44=	9271,9309,9336,9342,9430,9590					
F45=	9192,9230,9257,9263,9351,9511					
F46=	9112,9150,9177,9183,9271,9431					

M47=9192,9226,9256,9262,9344,9497
M48=9121,9156,9186,9192,9272,9425
M49=9051,9085,9115,9121,9201,9354
M50=8980,9014,9044,9050,9130,9282
M51=8907,8941,8971,8977,9067,9208
M52=8834,8868,8898,8904,8983,9134
M53=8762,8795,8825,8831,8910,9061
M54=8689,8722,8752,8768,8836,8987
M55=8616,8649,8679,8685,8763,8913
M56=8540,8573,8603,8609,8686,8836
M57=8464,8497,8527,8533,8610,8759
M58=8388,8420,8460,8466,8633,8682
M59=8312,8344,8374,8380,8457,8605
M60=8236,8268,8298,8304,8380,8520
M61=8156,8187,8217,8223,8299,8447
M62=8076,8107,8137,8143,8218,8365
M63=7995,8026,8056,8062,8137,8284
M64=7914,7946,7976,7982,8056,8202
M65=7834,7865,7895,7901,7975,8121
M66=7748,7779,7809,7816,7888,8034
M67=7662,7692,7722,7728,7801,7947
M68=7576,7606,7636,7642,7715,7859
M69=7489,7519,7549,7555,7628,7772
M70=7403,7433,7463,7469,7511,7685
M71=7309,7339,7369,7375,7447,7590
M72=7216,7245,7275,7281,7363,7496
M73=7122,7152,7182,7188,7258,7401
M74=7029,7058,7088,7094,7164,7307
M75=6935,6964,6994,7000,7010,7212
M76=6832,5861,6891,6897,6966,7108
M77=6729,6757,6787,6793,6862,7004
M78=6625,6654,6684,6690,6789,6899
M79=6622,6550,6580,6586,6655,6796
M80=6419,6447,6477,6483,6561,6691
M81=6302,6330,6360,6366,6434,6573
M82=6185,6213,6243,6249,6316,6456
M83=6069,6096,6126,6132,6199,6338
M84=5952,5979,6009,6015,6081,6220
M85=5835,5862,5892,5898,5964,6102

F47=9032,9070,9097,9103,9191,9351
F48=8952,8990,9016,9022,9110,9270
F49=8872,8910,8936,8942,9030,9190
F50=8792,8830,8856,8862,8950,9110
F51=8710,8748,8774,8780,8868,9028
F52=8628,8666,8691,8697,8785,8945
F53=8515,8583,8609,8615,8703,8863
F54=8463,8501,8526,8532,8620,8780
F55=8381,8419,8444,8450,8538,8698
F56=8296,8334,8358,8364,8452,8612
F57=8210,8248,8273,8279,8367,8527
F58=8125,8163,8187,8193,8281,8441
F59=8039,8077,8102,8108,8196,8356
F60=7954,7992,8016,8022,8110,8270
F61=7864,7902,7926,7932,8020,8180
F62=7774,7812,7836,7842,7930,8090
F63=7685,7723,7746,7752,7840,8000
F64=7595,7633,7656,7662,7750,7910
F65=7505,7543,7566,7572,7660,7820
F66=7409,7447,7470,7476,7564,7724
F67=7314,7352,7374,7380,7468,7628
F68=7218,7250,7279,7285,7373,7533
F69=7123,7161,7183,7189,7277,7437
F70=7027,7065,7087,7093,7181,7341
F71=6924,6962,6984,6990,7078,7238
F72=6821,6859,6881,6887,6975,7135
F73=6718,6756,6777,6783,6871,7031
F74=6615,6653,6674,6680,6768,6928
F75=6512,6550,6571,6577,6665,6825
F76=6309,6437,6458,6461,6552,6712
F77=6287,6325,6345,6351,6439,6599
F78=6174,6212,6233,6239,6327,6487
F79=6062,6100,6120,6126,6214,6374
F80=5945,5987,6007,6013,6101,6261
F81=5823,5861,5881,5887,5975,6135
F82=5697,5735,5754,5760,5848,6008
F83=5570,5608,5628,5634,5722,6882
F84=5444,5482,5501,5507,5595,5755
F85=5318,5356,5375,5381,5469,5629

